



**R.K. MacDonald Nursing Home  
Council of Residents Meeting Minutes**

**Date: March 31, 2026**

**Residents Present:** Anne Gillis, Clair Bond, Catherine MacGillivray, Audrey LaFontaine, Margaret Decoste, Ann MacDonald, Regis Kell, Glennie Smith

**Staff Present:** Mary Partridge (Recreation, Spiritual Care & Volunteer Services (Co-Chair), Terry MacIntyre (CEO), Damian Welsh (Environmental & Food Services), Colin MacEachern (Clinical Services/Rehab)

<b>Item</b>	<b>Topic</b>	<b>Discussion / Required Actions</b>	<b>Owner</b>	<b>Due</b>
1.1 Safety		Question about front door access from the outside, after 8pm, has been addressed. A Standard Operating Procedure (SOP) was established at the managers meeting. This is available in Tanglewood nursing station.		
2.0 Resident Feedback/Concerns	2.1	Brought forward from previous meetings - Resident question re: staffing and break times when it sometimes appears there is no one around, even though staff are doing care in Resident rooms or on break. Following a discussion at clinical staff huddle. There is a note on the board in care areas which clarifies this - staff breaks. This will be brought up at		
	2.2	Resident states they are following along but can't always hear announcements. Requesting increased volume and to repeat the announcement.	All staff	ongoing

	2.3	Resident stated that as far as they are concerned, all is fine.		
	2.4	Resident says that so far they have no questions and are ready to ask if any come up.		
	2.5	Resident says all is going well.		
3. Departmental Reports				
	3.1 CEO	Risk assessments are done each April, items that may place a risk. We need to have a plan to mitigate the risk. Process is ongoing. A power point presentation for Residents and staff will be held in the main dining room showing the progress on the New Build. Fund raising will be taking place for specified aspects of the new location with.	Terry MacIntyre	
	3.2 Dietary	Kalli, Tammy, Jen and Kaden are attending Gordon's Food Services Food Show in Halifax today. Gordons will be highlighting their products. It is a team building and networking opportunity will many parties all under one roof. New software has been ordered for Dietary Services. This will reduce paper usage, streamline food services and standardize recipes. We are tweaking recipes and always let us know your feedback.	Damian Welsh	
	3.3	Spring is around the corner with spring cleaning started here	Damian Welsh	

	Environmental	around the building. The groundskeeper will be here soon and the tractor used for snow removal just got an overhaul and has a clean bill of health.		
	3.4 Recreation, Spiritual Care and Volunteer Services	<p>March was a fun filled month – lots of happenings. Volleyball Team, High School Students, Service learning large group events, Service Learning Volunteers, Music, Bingo, &amp; More. And, we celebrated Horticulture Week/Month with some awesome planting projects – i.e. St. Patty’s Day Pots with grass for centerpieces, Stick Bouquets which bloomed into lovely yellow Forsythia – pop of spring color, pea shoot planting, Garden club meeting, RK Garden Video screening in the MDR, and a microgreens workshop for staff.</p> <p>April – will be a full schedule.</p> <p>Thursday – April 02, 2026 – The Easter Bunny will be visiting and there will be a Lounge to Lounge visit with Music &amp; treats!! Friday – Good Friday Service – at 10:30 in the Chapel with Fr. Andrew Boyd. Sunday – Easter Sunday Mass at 10:30 in the Chapel with Fr. Andrew Boyd. Anglican Church Service this month &amp; United Church Service</p> <p>Music: Bill Grover – will be here on Saturday the 18<sup>th</sup> of April. And, the Arisaig Fiddlers Association – will be here on Saturday the 25<sup>th</sup> of April. Lots of fun! Tyke Wallace, High School Students Karaoke, etc. Bingo: Lions Club Bingo – Wednesday, April 08, 2026. West River 4-H Club will be here for Bingo on Saturday April 11, 2026 2:00. Knights of Columbus will be here for Bingo - Thursday, April 16, 2026 –</p>	Mary Partridge	

		evening. High School Student Visits, Children’s Place Day Care, Open Art Studio – Rhubarb Patch & More. May 06 <sup>th</sup> – RK Art Show – Main Dining Room 2:00-4:00 – RK Resident Artists. We always welcome your suggestions and if we can make it happen, we will do our very best!		
	3.2 Clinical Services	Group exercises program will be taking place again. It is in the works with scheduling time to be arranged.	Colin MacEachern /Rehab	

5.0 Date of Next Meeting:  
It will take place at 11 am – April 29, 2026                      Location: Rhubarb Patch

6.0 Adjournment    Time:            11:35 am

File: Directors (T Drive): Resident Council Minutes/ Minutes Template 2024

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*Our Core Values: Compassion. Accountability. Respect. Excellence. Safety.*