



## R.K. MacDonald Nursing Home Council of Residents Meeting Minutes

**Date: July 30, 2025**

**Residents Present:** Ann MacDonald, Florence Farrell, Annie Gillis, Phyllis Stewart, Mae Gaudreau, John MacKenzie, Gerard MacLellan, Allan McGibbon, Carol Hayne

**Staff Present:** Mary Partridge (Recreation, Co-Chair), Lee Kelly (Clinical Services), Chelsey MacIsaac (Clinical Services), Kalli MacDonald (Dietary), Tammy Ryan (Environmental), Damian Welsh (Environmental), Terry MacIntyre (CEO)

Item	Topic	Discussion / Required Actions	Owner	Due
1.1 Safety	1.1 Door Access	Brought forward from last meetings – the double set of doors in the front lobby and main dining room are still closing too quickly. – The Royal Door Co. was here last week. This is a work in progress – timing was adjusted and replacement parts are on order.	Environmental	Next meeting
	1.2 Garden Doors access	The 3Bs sensory garden door auto-plate was adjusted. The timing is too quick on this door and will need adjusting.	Environmental	Next meeting
	1.3 Elevator Doors	Brought forward from last meeting, some Residents having accessibility issues with elevator. When the elevator service person comes to RK next they will review this issue with residents.	Environmental	Next meeting
2.0 Resident Feedback/Concerns	2.1	Resident requests better quality paper products – Kleenex and toilet paper.	Environmental	Next meeting
	2.2	Resident requests something cool to eat during summer. Dietary will confirm that the sandwich option is always available, including cottage cheese and peanut butter in each neighbourhood.	Dietary	Next meeting

	2.3	Resident says she is taking everything in since she is new to Resident Council.		
	2.4	Resident says everything fine. No concerns today.		
	2.6	Resident states they are happy, all is okay.		
3. Departmental Reports	3.1 CEO	CEO office is quiet these days. The Board of Directors are taking vacation to resume meeting in September. New Build construction is going extremely well. Stop by the office to visit and with any questions.	Terry MacIntyre	
	3.2 Food Services	No major news today. Summer is hot and it is important to remain hydrated. Staff are educated to help support residents in this. There are always drinks available in the neighbourhoods. Take note of the new menu options for summer. Please pass along any feedback on these. So far the new items have been well received. Let us know if you want them tweaked. We are looking at re-opening the main dining room for Residents – lunch and suppers. Before covid folks could bring themselves to the main dining room for a change of scenery, a quieter space or a more intimate setting – a chance to leave the neighbourhood. It can get noisy and over stimulating. If family are visiting they can join you there. August 13 is the start date. A memo was sent out to food services and nursing. You need to be able to feed yourself or if with family, they can help and it needs to be documented that it is safe for you. It will be an unsupervised area – no nursing staff present. Remember the punch cards for meal plans for visiting family.	Kalli MacDonald	
	3.2 Environmental	Not a lot to report yet. I am fully immersing into most aspects, slowly learning, meeting people. It will take some time. An	Damian Welsh	

		evaluation process is ongoing in the kitchen, following it will be with housekeeping – celebrating successes, looking at the silver lining.		
	3.3 Recreation	<p>Music is My Heart, CD launch – July 30<sup>th</sup>, 6:30pm. Last year the RK Songwriters Circle (led by Laura Teasdale) met weekly for three months. Each week they would choose a theme that was on their minds, then together they would craft a song and choose the cords. Then Laura put the words and cords together and the following week, the group would edit and polish the lyrics and melody. It was a great pleasure to work together to express ourselves in song. The album Music is My Heart is the joyful result of all their work. Recorded by sound technician Brian Murphy and played by some of Antigonish’s best musicians, the album is a celebration of these talented senior songwriters! Musicians who helped out on the album include: Mike Arless, Barbara MacLean, Mike Melchin, Justin Gregg and several RK staffers. Resident artist Wanda Grace’s painting is on the album cover. 7 tunes are on Spotify/Apple/Website – very cool! Join us.</p> <p>July was super busy – great weather – the vegetable gardens are growing great with many dedicated RK gardeners – beans, cucumbers, currants, gooseberries. There were troubles with cucumber beetle but easing now. 70 Residents went to the Highland Games Parade on Main St. Our RK float theme was Canadian – and won 1<sup>st</sup> place! A shout out to Kells for the truck flatbed &amp; driver, so grateful. And to the full RK community for making it happen. Family Fun Afternoon last Sunday was really well attended</p>	Mary Partridge	

		and lots of fun for all. Next outdoor event is the Antique Car Show on August 23 <sup>rd</sup> . Getting outside has been important with the beautiful gardens and warm weather. Van outings continue – Simply Ducky, beach trip planning, fishing and more.		
	3.4 Clinical Services	Not a lot to report today. The dental office had the final piece of equipment installed yesterday. This project has been in the works for five years. In August we can begin to schedule appointments, coordinating with the foot care nurse who works out of the same room. Remember the mobility support companions who work out of Rehab – they will help you get outdoors and over street. Chelsey’s role as resident support facilitator is to help/support Residents and families if they need help navigating issues. Her office is on 1 <sup>st</sup> floor.	Lee Kelly  Chelsey MacIsaac	
5.0 Date of Next Meeting: 11 AM – August 20th, 2025                      Location: <b>Gazebo or Rhubarb Patch – depending on weather</b>				
6.0 Adjournment		Time:            11:50 AM		

File: Directors (T Drive): Resident Council Minutes/ Minutes Template 2024

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*Our Core Values: Compassion. Accountability. Respect. Excellence. Safety.*