



## R.K. MacDonald Nursing Home Council of Residents Meeting Minutes

**Resident's Present**: Jane Gorman (Co-Chair), Ann MacDonald, Audrey LaFountain, Arnold Pelly, Gerard MacLellan, Diane Delorey, Patsy Fenton, John MacKenzie

**Date: April 30, 2025** 

**Staff Present:** Mary Partridge (Recreation, Co-Chair), Lee Kelly (Clinical Services), Kalli MacDonald (Dietary), Mark Chisholm (Environmental), Clara Wood (Recreation)

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<u>Item</u>	Topic	Discussion / Required Actions	Owner	Due
1.1 Safety	1.1 Door	Brought forward from last meetings – doors to the main dining	Environmental	Next
	Access	room were closing too quickly. Door seems to be working properly		meeting
		now.		
		The double set of doors in the front lobby are closing too quickly.		
		Mark and Jane will check this out and		
	1.2 Garden	The door fobs are ordered and confirmation will be needed to	CEO and	Next
	Doors	confirm they work for all outer doors. A walk-through will happen	Environmental	meeting
	access	and reported on at next meeting.		
2.0 Resident	2.1	Resident states that all is good, it's a lovely place.		
Feedback/Concerns	2.2	Several Resident states that they have no questions, all is OK.		
	2.3	Resident states she is impressed by how good all is.		
	2.4	Resident says he is the 'new guy' and is just listening this time.		
	2.6	Resident re-states that 'Canada is not for Sale'-see April calendar		
		for events.		
	2.7	Resident wants to find out what the process will be re: elections –		
		Cathy in front office will have this information.		

3. Departmental Reports	3.1 CEO	New Build update: the general contractor will be announced end of March. The RK Foundation has provided funds for a KFC or McDonald's supper, a Lobster supper, Mother's Day and Father's Day treats and Family Fun Day. They have also funded three	Terry MacIntyre
		summer student positions. This will help support Resident's mobility and getting outside. Family Council wish to share that families are always welcome.	
	3.2 Food Services	Not really much to update this month. We had our Kinsmen St. Paddy's Day McDonald's meal with fries and a milkshake. Pictures	Kalli MacDonald
		were taken and everyone had a great meal. Does anyone have any questions or concerns about the menu? Feedback is always	
		welcome. We are looking at some summer-themed dinners – i.e.: Pub Night. Suggestions welcome.	
	3.3	Environmental Dept. getting ready for the good weather – sun and	Mark
	Environmen	warm weather. The lawn furniture will be going out for family and	Chisholm
	tal	residents to get out and enjoy it. The Capitol Equipment requests for this year: more ceiling lifts and more adjustable tables for	
		residents. Also a vending with nutritional snacks and blanket	
		warmers for Tanglewood and Maple Ridge. We should hear about	
		approval by June. Answer to Resident question re: heating pads, hot	
		pack machine (hydroculator) in physio not working – the company	
	3.4	will be coming to fix it soon.	Moms
	Recreation	STFX Students – Wrapped up their school year in April 2025 – we have some students who were with us that will be graduating but	Mary Partridge
	Recreation	there will be some who will return with us in the Fall! Yeah! And,	1 ararage
		then we will welcome some new folks from the University in the	

Fall, 2025. New Volunteers – we do have some applications trickling in – and they will go through the orientation process and get started. We have a new Volunteer Brochure that was created by our – on staff person – Alexa – who is also graduating from Kinetics at STFX in May, 2025. She created our brochure as a class project and we will printing those off and sharing them around as part of our volunteer recruitment efforts.

Children's Place Visits – continuing most weeks – on Wednesday mornings. Having opportunity for both residents and the children to work together on Nature based projects – they are loving it – today they were planting seeds for Milkweed – which have been stratified in the fridge all winter – in preparation for planting. Milkweed is food for Monarch butterflies....Butter fly ranger stuff. Outdoor Garden Season – preparations for. Fixing up some of the beds. Soil amendments to the raised beds – compost. New raised beds for Cobblestone and Thistledown. And, Mary talking to Holly re: adding strawberries to Eric's garden in the existing bed.

Memorial Service will be held in chapel followed by reception in the MDR– Celebrating the life of Residents who have died from November 01, 2025 – April 30, 2025 – will be held in chapel at 6:30 pm. Invitations will be going out to families this week. All are welcome.

Red & White Casual today – All Things Canadian Month! Celebrations of music, food, casual days this month. And, we will be taking a group photo of everyone wanting to participate this afternoon at 2:30 p.m. in the MDR. Please join us!

May – activities- Mother's Day, Music, Storytelling, completion of	
the Song Writing Sessions – and plan for launch of this project	
(Laura Teasdale), Care Van outings, and lots of early preparations	
for July – Highland Games Float (July 12) & Family Fun	
Afternoon plans for Sunday, July 27, 2025. Exciting programming	
over the next couple of months – better weather – and getting	
outside to enjoy! Another fun project plan – is a collaboration with	
Senior's for Climate Change – which will include a film series in	
the MDR – beginning weekly on the 29 <sup>th</sup> of May, 2025 and will	
happen weekly as we said – until later June – ending with a	
storytelling workshop with Susan Walsh – Connection to Nature.	
These plans will be shared with the RK and Antigonish Community	
- as an invitation to join us. There will be refreshments served.	
And, lots of discussion.	
There are some changes in the department with new staff. We Michelle	
Clinical couldn't get a social worker and instead a Resident Support Tinio	
Services Facilitator will begin by end of April. This will be to support	
Residents and families. There is a relocation of nurses. There will	
be a nurse overseeing in each care area. These will be RN's Olivia,	
Karen, Charlene and Sonia. NSCC and STFX students have been	
helping during their placements. If anyone has any questions,	
please reach out.	
5.0 Date of Next Meeting: 11 AM – April 30th, 2025 Location: <b>Rhubarb Pate</b>	eh
6.0 Adjournment Time: 11:45 AM	

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