



## **R.K.** MacDonald Nursing Home Council of Residents Meeting Minutes

**Resident's Present**: Jane Gorman Co-Chair), Ann MacDonald, Jeannie McGee, Lori Ross, Carol Hayne, John MacKenzie, Richard Boudreau, Gerard MacLellan

**Date: October 30, 2024** 

**Staff Present:** Mary Partridge (Recreation, Co-Chair), Lee Kelly (Clinical Services), Catherine Bennet (Dietary), Tammy Ryan (Environmental)

Item	Topic	Discussion / Required Actions	Owner	Due
1.0 Safety	1.1 Call Bells	Brought forward from last meetings – Call bells are not always	Clinical	Next
		accessible. Residents say it is better but on occasion is still an	Services	meeting
		issue. Lee will follow up on this		
	1.2 Door	Brought forward from last meetings – doors to the main dining	Environmental	Next
	Access	room continue to close too quickly when people are walking		meeting
		through. Mark sent update that the 'Door Company' will be here		
		to fix this issue. No date available.		
	1.3 Garden	This issue in in the process of being resolved. Travana our tech		
	Doors access	people will be making some changes to the system.		
2.0 Resident	2.1	Residents state that CCA's suppertimes still sometimes overlap	Clinical	Next
Feedback/Concerns		with Resident suppers. Lee will follow up.	Services	meeting
	2.2	Resident sates that his closet door light is not working properly.	Environmental	Next
		He has made a request to fix this but it still needs follow up.		meeting
	2.3	Resident states all good, no complaints.		
	2.4	Resident says all is going well		
	2.5	Resident asks if an EKG could be available in-house and lab		
		work increased. Lee responds that it would be convenient but		

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	funding from seniors in Long Term Care would be the issues		
	along with trained staff. She will take it back to S in LTC and		
	have conversation on expanding services. Currently we need to		
	go to the EHS for EKG or a hospital visit. Re: lab work – the		
	number of nurses who can do bloodwork is currently being		
	increased, which should help.		
2.6	Resident says the shower in Tanglewood has been out of order in		
	Tanglewood for some time. Tammy reported that Tate's		
	Plumbing have been called in and should be here in the next day		
	or two to fix this and will take care of some other plumbing issues		
	in Tanglewood at the same time.		
2.7	Resident says the shower in Thistledown is not great either. Lee		
	suggested that this is a good point to bring a resident voice into		
	the design of showers in the New Build.		
2.8	Resident says she sometimes feel rushed in the morning and at	Clinical	Update
	bedtime, would like a little more time for clothing selection and		at next
	other details and at bedtime choose a book or some other pastime		meeting
	to have accessible. Also things sometimes get moved around or		
	misplaced. Lee will follow up		
2.9	A number of Residents have expressed the desire to have more	Follow-up	Update
	live pets who live in the building. Resident has visited the CEO	meeting with	at next
	this month to discuss this issue and he was in agreement to	members of	meeting
	expanding the live-in pet population. At present we only have one	the RK	
	cat and two birds and need to expand. They are so beneficial to	community -	
	people. Recreation dept. will coordinate with Residents to bring	residents and	
	the departments together for a meeting on the subject. Some	staff	

		concerns were raised by Clinical Services re: IPAC, allergies and such. These concerns will be discussed. A suggestion was made to use more therapy animals instead of live-in pets but resident didn't feel this addressed the issue of companionship. Many residents grew up with pets and it was a big part of their lives.	
	2.11	Resident would like John McDermot music for Remembrance Day – "Lest we forget"	
	2.12	Resident stated that these meetings were essential. They give a sense of belonging and a feeling of being heard and things will happen.	
	2.13	Resident remarked on how excellent the dietary staff is and if they don't have what you want they will go check on it.	
3. Departmental	3.1CEO	No update available	
Reports	3.2 Food Services	The fall menu updates are still being worked on. They will reflect the cooler weather coming. This will include chilli, soups, and such like items. There was a request for liver to be added to the menu and it will be served next Friday. A second choice will be offered for those who don't want it. Requests were made to return peanut butter and with allergies in mind, the small packets will be used in order to keep risk lower.	Catherine Bennet
	3.3 Environmental	We are getting ready for winter. The outdoor furniture will be coming in when weather changes. We now have 2-ply toilet tissue as per requests from residents and more Kleenex will be made available in Martha's Place.	Tammy Ryan

	3.4	We continue to have our regular musical visitors to the Home and	Mary
	Recreation	Kim is in communication with some other musicians to bring rock and roll, jazz and more fiddling in the coming weeks. Chapel – Masses continue to be held every Friday along with United and Anglican services Wednesdays. We have welcomed new students from the Service Learning program (StFX) over past few weeks and we continue our volunteer recruitment efforts. In November Remembrance Day Service will be held in the chapel and we are returning to an in-person Memorial Service November 19 <sup>th</sup> , for the first time since the pandemic. We had done a videotaped service and more recently a mail-out card and note with forgetme-not seeds. A lunch will follow in the main dining room for both these events.  We invite you to offer suggestions at any time for programming that you would like to see happening and we will certainly do our very best to make that happen.	Partridge
	3.5 Clinical Services	We are not yet rolling out the pilot where CCA's would do ear and eye drops and medicated creams. Because of staffing we have had to pause the project until the educational requirements are met. We still hope it will work. Currently our staff are 50% full time, 20% travel staff, and 30% PLAR. The Protection of Persons in Care Act was reviewed and if an abuse of any kind is identified a 3 <sup>rd</sup> party is sent in to investigate. There have been some instances that were investigated here and documentation changes	Lee Kelly

	have come as a result along with education. We are transitioning from paper documenting to e-charting. Any questions about Protection of Persons in Care come see Lee and discuss. If Lee is not available ask Jen Layes to book a time.  Update addition from Physio – there has been a delay in getting wheelchairs from Red Cross. There are a couple of reasons for this: high demand at present and technicians weren't available to repair and check wheelchairs for delivery to homes as efficiently as in the past. Wheelchairs should be arriving soon and a policy change in near future will permit chairs to accompany patients	Miles Tompkins	
	from the hospital. Any questions, please contact physio at RK		
5.0 Date of Next Meeting:	11 AM - November 27th, 2024 Loc	ation: Rhubarb P	atch
6.0 Adjournment	Time: 12:05		

File: Directors (T Drive): Resident Council Minutes/ Minutes Template 2024

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Our Core Values: Compassion. Accountability. Respect. Excellence. Safety.