

**RK MACDONALD NURSING HOME – Family Council Minutes****Date: September 27, 2023**

<b>Present:</b> Mary Chisholm, Albie Faulkenham, Heather MacInnis, Joanne MacKenzie, Paul Macgillivray via zoom, Susan Wood  Meeting began at 1:00 pm and adjourned at 3.20 pm		
<b>Regrets: Debbie Horne</b>		
<b>Item</b>	<b>Discussion on</b>	<b>Action</b>
<b>1.0 Approval of Minutes</b>	Approved minutes of the last Family Council meeting (June 20, 2023) were distributed.	
<b>2.0 Business Arising</b>	<b>Item</b>	<b>Discussion &amp; Action</b>
	2.1 Foot Care	Lee Kelly provided an update on recent actions to improve footcare for RK residents: <ul style="list-style-type: none"><li>• Chantel Decoste our basic footcare provider referred 26 residents for advanced footcare.</li><li>• Tina Pinkham our advanced footcare provider has cleared the backlog of RK residents in need of advanced footcare.</li><li>• Alison Petten our nurse educator will be educating CCAs on foot and lower limb care.</li><li>• A quality improvement plan has been implemented. The goal is based on a preventative model and it will take time to move forward with coordinating the education.</li><li>• The Family Council is very pleased with the steps taken thus far in addressing footcare needs and looks forward to future reports on footcare provided to RK residents.</li></ul>
	2.2 CEO Update	Terry MacIntyre provided updates via zoom: <ul style="list-style-type: none"><li>• Infrastructure renewal project update. Family Council will have an opportunity to provide input on the design of the new facility. These will be in the main dining room and will be open for ideas until February 2024.</li><li>• The RK needs to provide justification for all space utilization in the new facility &amp; continues to work hard to structure the new build design to meet resident's needs.</li><li>• In the context of discussing Quality Indicators, the idea of establishing a mouthcare model,</li></ul>

		<p>similar to the approach to footcare described above, was discussed. There is a potential of having a dental hygienist to assess residents on basic versus advanced mouth care needs.</p> <ul style="list-style-type: none"> <li>• Design of new Home – will be hosting open houses. Residents to enter and exit home via front door with honor guard was discussed. 3 floor model with open terraces in each care unit.</li> </ul>
	2.3 Recreation Update	<p>Recreation for RK residents is an ongoing priority for the Family Council and we have expressed concerns that the level of recreational activity has not returned to that witnessed during the period of pre-Covid restrictions. The Family Council will dedicate time at its October meeting to developing advice aimed at improving recreational experiences for RK residents.</p> <p>In addition, the following points were noted in our September meeting:</p> <ul style="list-style-type: none"> <li>• There is currently more therapeutic activity on a 1:1 basis with residents having difficulty and resident frailty.</li> <li>• Family day was a wonderful turnout and very successful.</li> <li>• Recreation will be included in November resident and family satisfaction surveys – potential questions include identifying residents’ specific interests/concerns, potential recreational program design improvements, experience learned from elsewhere, input from residents about what they would like to be doing.</li> <li>• Terry to meet with RK Recreation regarding outcome measures, an action plan for improvement in recreation and recruiting St FX students to assist in recreational activities.</li> </ul>
<b>3.0 New Business</b>		<p>Family Council would like to see the number of volunteers increase and will assist in whatever way we can. More potential volunteers could be contacted for recreation and entertainment – Children’s Daycare walks to the RK for visits, St FX Music department, art, human kinetics, social visiting, Highland dance practices, schools of dance, choir practices, school band practice, and student volunteer visits.</p> <p>Discussion – Family Council expressed concerns regarding the RK’s plans to move cleaning staff within the RK facility and between the RK and the Manor. We are aware that the Family Council is not intended to delve into operational issues and explained that we see this as a broader issue that affects the well-being of RK residents and not simply an operational maintenance issue. Specifically, we are concerned about the negative impact cleaning staff movements will have on the residents (i.e., a less stable environment and reduced familiarity for residents with dementia). We encourage the RK</p>

		to seek input from health care professionals to ensure that the decision-making process is not based solely on RK maintenance considerations but rather a broader range of factors including the expected impact on residents.
<b>4.0 Next Meeting</b>	Date: October 26th 2023	Time: 10:00 -11:30 am                      Location: TBD
<b>5.0 Meeting Adjournment</b>	Moved by:	Time: